



# STAY ALERT – PREVENT SNAKEBITES!



## ⚠️ Recent Snakebite Deaths Are a Wake-Up Call!

Many of these could have been PREVENTED with better awareness and simple safety measures.

## WHAT CAUSES SNAKEBITES

### ● Walking in Darkness



No lights outside homes

- Walking at night without torch

✓ **Solution:** Always carry a torch after sunset

### 🌿 Open Defecation at Night

- Going to fields in the dark for toilet use



- Stepping into snake habitats unknowingly

✓ **Solution:** Use toilets. If you must go out, wear shoes and carry a torch

### 🏠 Unsafe Storage of Firewood & Grain



- Snakes hide in crops and wet fields

✓ **Solution:** Raise gumboots and use a stick to check ahead

### 🌿 Bushes & Tall Grasses Near Homes



- Snakes hide in tall grass and thick vegetation

✓ **Solution:**

✓ **Solution:** Keep your premises clean and don't allow tall grasses to grow at near by area of your houses.



### Delayed Medical Help



Relying on home remedies or tradition healers delay in reaching hospital

✓ **Solution:** Rush to nearest health center

## ⚠️ FIRST AID FOR SNAKEBITE

1. Do not panic
2. Do not tie tightly or cut the bite area
3. Keep the person calm and still
4. Take to hospital immediately

**A small step can save a life –  
SHARE this with your community!**