



SNAKEBITE FIRST-AID

Do's



Bitten by a snake,
Call the ambulance.



Immobilize the victim.
Remove belt, jewellery,
watch, rings, etc as the
bitten area may swell.



If ambulance is
delayed, rush to the
nearest hospital using
any mode of transport.



Transport the victim lying on left side,
right leg bent and hand supporting
the face. Patient will breathe better
and not choke on vomit.



Inform the doctor
details of the bite.
Antivenom is the
only cure.

Don'ts



Do not panic.
Snakebite is a
treatable condition.



Say no to faith
healing. Do not try
to kill or capture the
snake.



Do not cut or suck the
bite area.



Do not tie a tourniquet, don't
apply ice or massage the bitten
area as it causes further
damage.



Do not self medicate or
apply any herbs or
spices. Nothing helps.

How To Avoid Snakebite



Wear a closed pair
of shoes while going
out.



Always use a torch
at night. Look where
you put your hand or
foot.



Avoid sleeping on the
floor and use a well
tucked mosquito net.



Keep home and
surroundings clean and
clutter free. Control
rodent population.



Create awareness in
communities. Help
prevent snakebite.

PREVENTION AND CONTROL OF SNAKE BITE ENVENOMING

STATE HEALTH SOCIETY, A & N ISLANDS

