



SNAKEBITE FIRST-AID

Do's



Bitten by a snake, Call the ambulance.



Immobilize the victim. Remove belt, jewellery, watch, rings, etc as the bitten area may swell.



If ambulance is delayed, rush to the nearest hospital using any mode of transport.



Transport the victim lying on left side, right leg bent and hand supporting the face. Patient will breathe better and not choke on vomit.



Inform the doctor details of the bite. Antivenom is the only cure.

Don'ts



Do not panic. Snakebite is a treatable condition.



Say no to faith healing. Do not try to kill or capture the snake.



Do not cut or suck the bite area.



Do not tie tourniquet, don't apply ice or massage the bitten area as it causes further damage.



Do not self medicate or apply any herbs or spices. Nothing helps.

How To Avoid Snakebite



Wear a closed pair of shoes while going out.



Always use a torch at night. Look where you put your hand or foot.



Avoid sleeping on the floor and use a well tucked mosquito net.



Keep home and surroundings clean and clutter free. Control rodent population.



Create awareness in communities. Help prevent snakebite.

PREVENTION AND CONTROL OF SNAKE BITE ENVENOMING
STATE HEALTH SOCIETY A & N ISLANDS

