उप निदेशक (आयुष) का कार्यालय
OFFICE OF THE DEPUTY DIRECTOR (AYUSH)
स्वास्थ्य सेवा निदेशालय
DIRECTORATE OF HEALTH SERVICES
अंडमान तथा निकोबार प्रशासन
ANDAMAN & NICOBAR ADMINISTRATION
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F.No. P-110988/22/2022-ANSAS.Sec-HEALTH_AN | 155
Port Blair, dated 30th May, 2023

Press Release

As a part of celebration of 9th International Day of Yoga, the Yoga unit of AYUSH Hospital is conducting free of cost training on Yoga Protocol for General Public from 30th May to 20th June, 2023 from 5:00 am to 6:00 am (morning) and 4:00 pm to 5:00 pm (evening) at the Yoga Hall, AYUSH Hospital, Port Blair.

Hence, general public is appealed to avail the benefits of the Yoga class and participate in Mass Yoga Demonstration on 21st June, 2023 from 7:00 am to 8:00 am at their common nearest venues.

Moreover, the willing people may also volunteer as Yoga Demonstrator at Mass Yoga Demonstrations to be organized by the Administration on 21st June 2023.

30/05/23

Deputy Director (AYUSH)

To,

1. The Chief Editor, The Daily Telegrams/Dweep Samachar, Govt. Press, Port Blair.
2. The News Editor, All India Radio, Port Blair.
3. The Station Director, Doordarshan, Port Blair.
4. All Private Newspaper through IP&T website.

Copy to:

1. PS to MD (NAM) for kind information of MD (NAM).
2. PS to DHS for kind information of DHS.

Deputy Director (AYUSH)