

Div (IP&T)
PRO

F. No. T/1/2023-FSD-DCSA_AN/290
अण्डमान तथा निकोबार प्रशासन
ANDAMAN AND NICOBAR ADMINISTRATION
खाद्य सुरक्षा आयुक्त का कार्यालय
OFFICE OF THE COMMISSIONER OF FOOD SAFETY
उपायुक्त के कार्यालय, दक्षिण अंडमान
OFFICE OF THE DEPUTY COMMISSIONER, SOUTH ANDAMAN

Sri Vijaya Puram dated the 17th April, 2025

To

The Chief Editor,
Daily Telegrams
Govt. Press, Sri Vijaya Puram


Sub: Publication of Press Release-reg.

Sir,

Kindly arrange to publish the enclosed press release in your esteemed Daily Telegrams for the information of general public.


Encl: A/A

Yours faithfully


Designated Officer (FS)
South Andaman District

Copy to:-

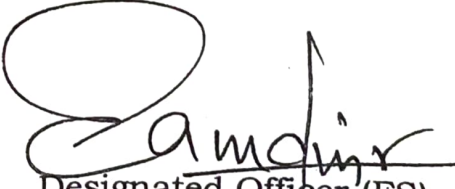
1. PA to ADM for kind information of Joint Commissioner (Food Safety).
2. The Programme Executive, All India Radio, Sri Vijaya Puram with the request to broadcast the press release.
3. The Chief Editor, (Dweep Samachar) with the request to publish press release.
4. The Director (IP&T), A&N Administration, Sri Vijaya Puram with the request to share the press release to all print medias.
5. The Station Director, Doordarshan with the request to telecast the press release.


Designated Officer (FS)
South Andaman District

PRESS RELEASE

Food Safety Department, A&N Administration is organizing an Eat Right Mela on 19th and 20th April 2025, at the Marina Park, Sri Vijaya Puram.

This Mela is dedicated to promote the consumption of millets. Millets are small seeded grains often referred to as Nutri cereals. These grains are a powerhouse of nutrition, offering numerous health benefits. Millets are rich in dietary fiber, low in glycemic index, and packed with antioxidants, they are not only easy to digest but also excellent sources of essential minerals like iron, zinc, calcium, potassium, and magnesium. By embracing millets, we take a step towards healthier lifestyles and environmental sustainability. Visitors to the Mela will have the opportunity to explore a variety of food stalls set up by local Self Help Groups (SHGs). These stalls will showcase and sell an exciting range of delicious and nutritious millet-based products, offering something for everyones taste. The Mela promises to be a treat for food enthusiasts and health-conscious individuals alike. The Food Safety department warmly invite the general public and tourists to Eat Right Mela and discover the wonders of millets, and make informed choices for a healthier tomorrow. Let's come together to celebrate the goodness of food and embrace the power of millets.


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