

Department of Animal Husbandry and Veterinary Services
Celebrates World Egg Day at Balika Niketan and Old Age Home

The Department of Animal Husbandry and Veterinary Services (AH&VS), Andaman and Nicobar Administration, in collaboration with the Department of Social Welfare, celebrated World Egg Day on October 10, 2025, at Balika Niketan and Ulhas Old Age Home, Dollygunj. Dr. K.A. Naveen, Director (AH&VS), served as the chief guest and inaugurated the program by lighting the ceremonial lamp.

Addressing the gathering, Dr. Naveen highlighted this year's theme, "The Mighty Egg - Packed with Natural Nutrition," emphasizing that eggs are naturally rich in essential nutrients, including high-quality protein, healthy fats, vitamins, minerals, choline, and antioxidants like lutein. He underscored eggs' role as a complete food supporting health at every stage of life.

Senior Veterinary Officers and the Child Development Project Officer (CDPO) of Balika Niketan also spoke about the nutritional significance of eggs and their importance in promoting public health. The program featured drawing, poem, and speech competitions in which children actively participated and were facilitated by the AH&VS Department for their engagement.

As part of the celebration, eggs were distributed to the children of Balika Niketan to promote nutritional awareness and ensure access to this vital protein source. The event underscored the incredible versatility and nutritional value of eggs, recognized globally on World Egg Day.

This initiative reflects the AH&VS Department's commitment to enhancing nutritional security and public health awareness in the Andaman and Nicobar Islands. By engaging vulnerable communities and children in educational activities, the department aims to foster healthy dietary habits and promote balanced nutrition. The program aligns with the Andaman and Nicobar Administration's vision of supporting community welfare and sustainable development through targeted health and nutrition initiatives.

